

# THE SIREN



Cmdre Mickey  
Donofrio

## Commodore's Log

Here we are the beginning of May and our world is in the midst of fighting the Covid-19 pandemic. As we practice our social distancing, for our own good as well as the good of anyone we may come in contact with, I know that we are all anxiously waiting for the day that things get back to normal. As I write this, we are in the sixth week of this new lifestyle and I, for one, don't like it much. I miss cocktail hour at the bar, rich conversation with a group of good friends and a wonderful dinner under our new pergola.

But this time has been well-spent for the benefit of club members and staff! While the club has been closed, we have been able to complete a few projects that had been previously approved. We will return to find a bright new look in the dining room.

Starting May 1st, the club will begin offering a take-out menu, the details of which you will find in Shawn's announcement.



P/C Rey Neville  
Director FCYC

## Florida Council of Yacht Clubs (FCYC)

I am disappointed to report that the July 10-12 FCYC General Meeting we were to host for the first time ever has been cancelled. The FCYC executive committee considered several factors including the rate of COVID-19 infection in some parts of the state, the high morbidity rated for persons over 65 years of age, the demographic of the majority of FCYC meeting attendees and the limited availability of testing. Based on these factors, the committee determined it was not appropriate to hold the event. However, we expect to have

our event in late 2021 or perhaps into 2022. When that date is determined, you will read it here.

I want you to know that a lot of hard work went into the preparation for this event, much of which we can retain for the future. I am also pleased that our dedicated team will stay on (if possible) to support the deferred event. These dedicated folks include the indefatigable Bill Walker, followed by Judy Peschio, Lee Bowden, Mickey Donofrio, Karen Donofrio, Bob Jones, Joyce Kashawlic, Don Mohr, Shawn Witmer, Mary Wohlstein and Pam Young. Thank you to all for your dedicated support.

See you on the water, Rey

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## SHIPMATES



Our March meeting featured the much-anticipated “Pearls Lady,” and more glorious pearls than the Commodore’s Room could hold. Over lunch we were treated to an interesting presentation about the growing and harvesting of the different types of pearls, and every member received a gift of a set of pearl stud earrings.

Shipmates have collected a number of Teddy Bears for the hospital. Delivery will be scheduled as soon as the hospital tells us they can accept them.

A Grand Reopening of the Ship Store was scheduled for late March and we are continuing to restock with all sorts of interesting merchandise. We currently are planning to hold this event in September; watch the Siren for details.

## AN EVENING TO CELEBRATE — COMMODORE’S BALL





## SOCIAL DISTANCING — IT'S NOT JUST FOR HUMANS!



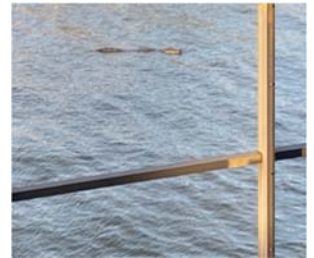
Co-existing with alligators is part of life in Florida. There is an old Florida saying that if there is a body of water, there is probably a gator. With about 1.3 million gators in Florida, encounters with them are not unusual; now that the warm spring weather has arrived, gators are more active and more visible.

Alligator mating season is underway. Male alligators are more aggressive and are prone to move from place to place in search of mates. Female alligators are extremely protective of eggs and young

and will not back down from a human. Alligators are incredibly fast, with the ability to swim at 20 mph and run on land at up to 35 mph in quick bursts of speed.

Wildlife officials urge everyone to pay close attention when spending time around fresh or brackish water. Alligators typically will not approach kayakers, but you should be aware of their presence when launching and retrieving boats and visiting spoil islands. Since gators are most active at dusk and during the night, you should only swim during daylight hours and within posted swimming areas. Children and pets playing in or around water should be closely supervised. Alligators should be left alone. Feeding alligators is illegal and dangerous, with good reason.

Thank you to Cheryl C. and Toby J. for contributing pictures of alligators in our neighborhood.



## WHILE YOU WERE AWAY

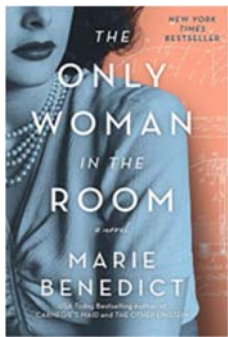
Not a day goes by that you are not missed here at the club! In anticipation of your return, we have been busy completing some projects that had been budgeted and planned for completion during the summer. When we reopen, you will find new flooring in the entrance way, on the dance floor, and down the hallway to the Barge Room. The dining room wallpaper has been replaced and portions of the floor in the kitchen have been tiled.



## BOOK CLUB

What are you reading while tucked in safely at home? Please let Kathy Kinasewitz know ([kkinasewitz@hotmail.com](mailto:kkinasewitz@hotmail.com)). Just as going for a jog exercises your cardiovascular system, regular reading gives your brain a good workout. Six good reasons for reading include mental stimulation, stress reduction, increased knowledge, improved memory, strengthened analytical skills, and entertainment. With all those good reasons to read, now is the perfect time to grab a book and get started on a brain workout!

The VBYC Book Club will meet again when the club reopens. We'll discuss "*The Only Woman in the Room*" by Marie Benedict. The following month, we'll review "*The Lighthouse Keeper's Daughter*" by Hazel Gaynor; then, at the next meeting, we'll talk about "*The Giver of Stars*" by Jojo Moyes.



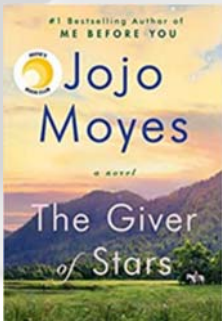
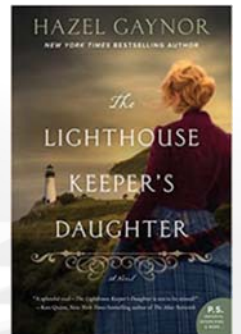
### **The Only Woman in the Room** — by Marie Benedict

Her beauty almost certainly saved her from the rising Nazi party and led to marriage with an Austrian arms dealer. Underestimated in many ways, she overheard the Third Reich's plans while at her husband's side. Devising a plan to flee, her escape landed her in Hollywood where she became Hedy Lamarr, screen star. She knew a few secrets about the enemy and had an idea that might help the country fight the Nazis...if anyone would listen to her.

### **The Lighthouse Keeper's Daughter** — by Hazel Gaynor

This historical novel is inspired by true events, and the extraordinary female lighthouse keepers of the past two hundred years.

1838: Northumberland, England. Longstone Lighthouse on the Farne Islands has been Grace Darling's home for all of her twenty-two years. When she and her father rescued shipwreck survivors in a furious storm, Grace becomes celebrated throughout England. 1938: Newport, Rhode Island. Nineteen-years-old and pregnant, Matilda Emmerson has been sent away to stay with Harriet until her baby is born. A discarded, half-finished portrait opens a window into Matilda's family.



### **The Giver of Stars** — by Jojo Moyes

Alice Wright marries handsome American Bennett Van Cleve hoping to escape her stifling life in England, but small-town Kentucky quickly proves equally claustrophobic. So, when a call goes out for a team of women to deliver books as part of Eleanor Roosevelt's new traveling library, Alice enthusiastically signs on. Joined with four other singular women, the group becomes known as the Packhorse Librarians of Kentucky.

## ANCHORS

Anchors remind us that when seas get stormy, we all do better when tied to something solid and true. Who or what has been your anchor throughout the past month?

*"I've gotten through the lockdown by connecting with others around the world through my writing."*  
— Karen D.

*"My son and his two children came to Vero mid-March from NYC. They keep my husband and me focused on what is truly important."* — Serena K.

*"I'm tutoring a fourth grader using Zoom."* — Judy P.

*"I enrolled in a photography course at the VBMA. Having a class (via Zoom) to look forward to each week has given me structure during our quarantine period. I take my camera on my daily walk, always trying to capture an interesting image."* — Gwen M.

*"I credit Riverside Park with helping me maintain, if not sanity, then certainly a degree of equilibrium. I love the place; there are some interesting walks, all are pretty, there's a glorious breeze from the water and there's always something fun to look at."* — Kiki R.

*"I connected with my neighbor who is a retired VNA nurse doing covid19 testing. She asked if I had any jigsaw puzzles as that is the way she relaxes. I've given her six puzzles so far and have straightened out some closets looking for more to lend her."* — Kathy K.

*"God has always been my basic strength."* — Barbie W.

*"A group of us made signs and did an automobile parade around Solaris nursing home. They had the residents make signs for us to read as well."* — Judi W.

*"Yoga, lots of yoga!"* — Pam Y.

*"My days are filled with new hobbies like washing dishes. Eating home three meals a day, seven days a week, has given me much more time to sharpen my sink skills. My wife is a gourmet cook, but never confuse gourmet with neat. Life is exciting, enjoy your hobby time."* — Mickey D.

AND FROM MANY OF YOU...

**"THE EVENING COCKTAIL HOUR IS ONE DAILY EVENT  
NOT TO BE MISSED!"**





## DINNER MENU TO GO / PICK-UP

VBYC to launch "to-go" curbside pick up dinners on Friday, May 1st

**Available Tuesday through Saturday from 5 - 7pm**

### PLACE YOUR ORDER ANYTIME ~ ONE OF THREE WAYS

Call the club and leave a message ~ 772-231-2211

Email your order to ~ [vbyc@verobeachyachtclub.com](mailto:vbyc@verobeachyachtclub.com)

Use the club's website shopping cart on the private side ~ [verobeachyachtclub.com](http://verobeachyachtclub.com)

- ◆ Please place your order before 5PM
- ◆ Please include your pick-up time
- ◆ Your order will be delivered to your car
- ◆ Please pull your car by the kitchen

### Salads

#### **Organic Greens \$9 / Wedge \$9 / Caesar \$9**

Add Chicken Breast \$6 / 5 Shrimp \$10  
Salmon \$10

#### **Spinach & Hearts of Palm \$15**

Baby Leaf Spinach, Hearts of Palm, Mandarin  
Oranges, Parmesan and Raspberry Vinaigrette

#### **Chicken B.L.T. \$13**

Tender Roast Chicken, Vine Ripe Tomato and  
Hickory Smoked Bacon Tossed with Romaine

#### **Steakhouse Salad \$18**

Grilled Roast Prime Rib of Beef with Mushrooms,  
Onion & Tomato

### Entrées

Served with Vegetable du Jour, Choice of Baked / Sweet Potato or Rice

#### **Six Ounce Prime Filet of Beef Tenderloin \$34**

Served with Port Wine Demi

#### **Shrimp Scampi \$29**

Served with Angel Hair Pasta

#### **Salmon Your Way \$24**

Baked, Blackened, or Grilled

#### **\*Seared Ahi Tuna \$24**

Sesame Seared Sushi Grade Ahi Tuna.

#### **Chicken Parmesan \$19**

Served with Angel Hair Pasta

#### **Meatloaf \$18**

Served with Tomato Stew Sauce

### Casual

Served with French Fries or Sweet Fries

#### **Hot Dog \$8**

#### **Hamburger \$13.00**

( Add Cheese \$1.50 )

#### **Chicken Quesadilla \$13.00**

#### **Fish and Chips \$16.00**

**\*PLEASE BE AWARE EATING RAW OR UNDERCOOKED MEAT & SEAFOOD MAY PRESENT A HEALTH HAZARD**